

# Attachment-based Practice with Adults

## Understanding Strategies and Promoting Positive Change

A 1-DAY INTRODUCTORY COURSE Facilitated by CLARK BAIM

Date: Wednesday 30th May 2018, 9:30am-4:30pm

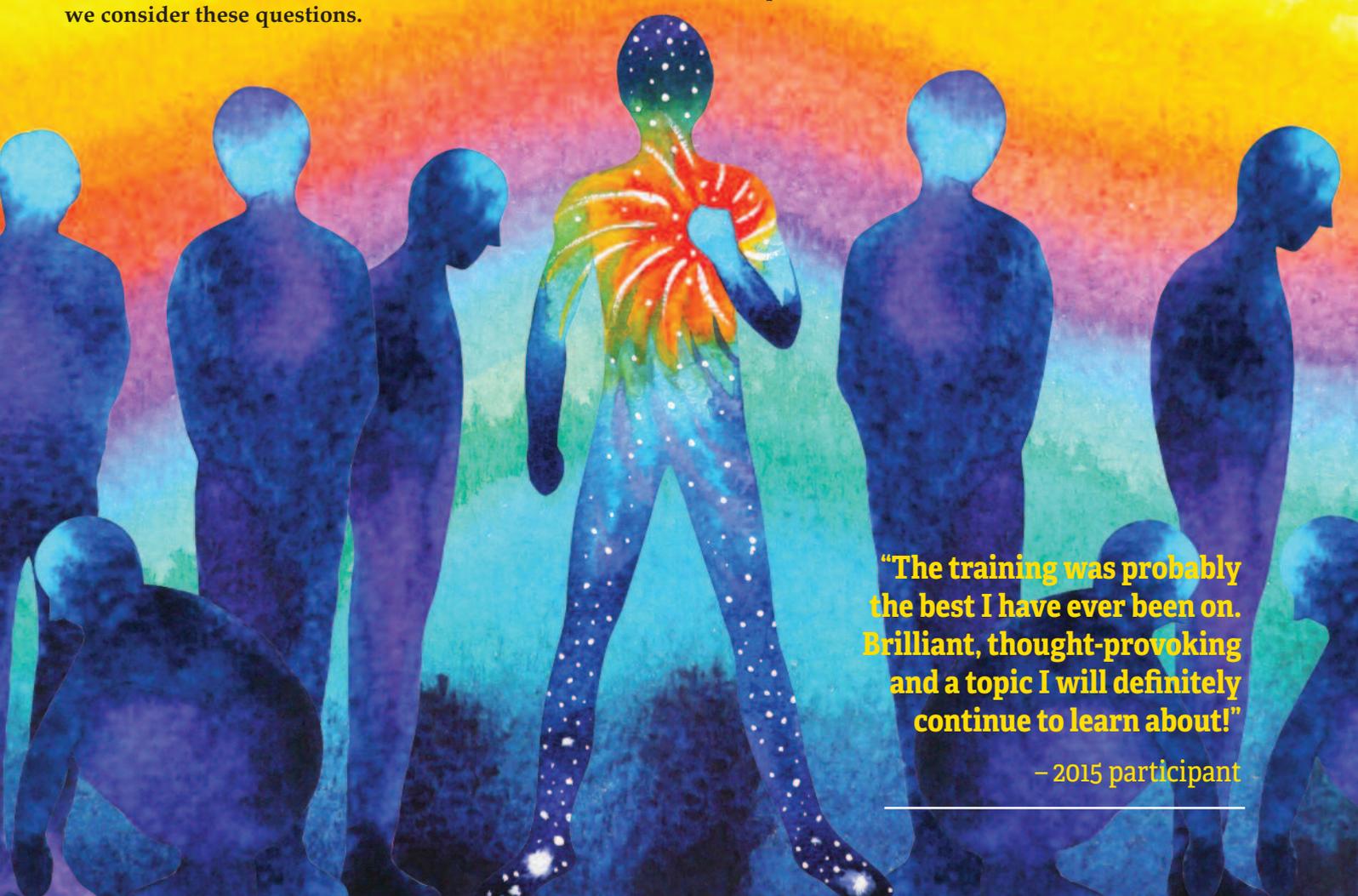
Venue: Templeton Hotel, Templepatrick

### A course for professionals from a range of disciplines who work with adults and families

Why are some people stoic and unemotional when facing even the most harrowing threat? Why do other people cry or rant with only mild stress? And what happens when these self-protective strategies fail to meet a person's basic needs? How might these strategies contribute to the development of behaviour that is self-defeating or harmful to others – including children, other family members and the wider community? Attachment theory – which focuses on how we adapt our behaviour throughout our lifespan in order to survive – can offer some useful insights when we consider these questions.

#### Who is this course for?

This course is for professionals with some experience of working with adults who are in contact with statutory and voluntary services. This includes professionals working in child protection, children and family teams, adult social care, substance misuse and addictions services, adult mental health or counselling services, criminal justice and multi-disciplinary contexts. This course is also relevant for professionals who supervise staff in the above areas.



**“The training was probably the best I have ever been on. Brilliant, thought-provoking and a topic I will definitely continue to learn about!”**

– 2015 participant

### What the course offers:

- Understanding the key elements of contemporary attachment theory, including Crittenden's Dynamic-Maturational Model of Attachment and Adaptation across the life span.
- Understanding the relevance of attachment strategies, especially in relation to danger, sexuality and unresolved loss and trauma.
- Identifying how attachment strategies may be expressed in speech and behaviour.
- Integrating discourse analysis into our understanding of attachment.
- Integrating an understanding of attachment theory with core issues of loss, grief, identity and self-narrative.
- How attachment theory is used to inform assessment, formulation, treatment planning and intervention.
- Learning about how to tailor your intervention to best fit the attachment strategy of your clients.
- Linking attachment theory with relationship-based practice and reflective practice (this includes reflecting on our own attachment strategies).

### Full handout packs are provided.

**Clark Baim**, M.Ed., UKCP, BPA is a Senior Trainer in Psychodrama Psychotherapy. He is Co-Director of Change Point Learning and Development, providing training in social work, mental health, voluntary and criminal justice settings. In the 1980s, Clark was the founder and first Director of Geese Theatre UK, using applied drama in prisons and probation. In the 1990s, he worked as a group psychotherapist for five years at HM Prison Grendon, and between 2000 and 2012 he was Co-Lead National Trainer for facilitators of the Sexual Offending Groupwork Programmes run by the Probation Service in England and Wales. In the context of this role, Clark made many trips to Northern Ireland to facilitate training for probation officers, psychologists,

nurses and psychiatrists delivering programmes in the community and in forensic hospital settings. He has studied extensively in the Dynamic-Maturational Model of Attachment and Adaptation with Dr. Patricia Crittenden, and is qualified as a forensic-level coder of the Adult Attachment Interview using the DMM approach. Clark developed this course with Tony Morrison in 2002. He is the co-author of *Attachment Based Practice with Adults* (2011, Pavilion Publishing). He is a faculty member of the Family Relations Institute, based in Florida and Italy, and an Honorary Fellow of the Berry Street Childhood Institute in Melbourne, Australia. He is also the Honorary President of the British Psychodrama Association.

### Fee: £40 members/£60 non-members

PRTL certificates will be provided and course can also be used to claim professional credits from the PiP Framework.



**To book your place please visit [www.basw.co.uk/events](http://www.basw.co.uk/events) or contact Amanda Beattie at [amanda.beattie@basw.co.uk](mailto:amanda.beattie@basw.co.uk)**